



This stove includes:

- Outer Bag and Strap
- Upper and Lower Stove parts
- Gas Burner and Pan Handle in Bag
- 2 Pans

Please return clean and dry!

Cleaning Tips

- Only use nylon scourers (green scrubbing sponges) NEVER use Brillo pads or metal scourers
- Make sure you clean your stove after every meal (not at the end of your expedition!)
- Aim to hand back your stove in "as good as" or "better" condition than you received it!

Top tips for use!



- "Check in" with your instructor to get a brief on how and where they want you to cook before starting.
- Have all the things you need to cook ready before starting (fuel, stove, water, food, matches etc)
- Think safe position and behaviour – Sit comfortably and calmly near your stove so you don't have to stretch or lean to get things. Never pass a hot pan over a person to avoid spills.
- Always wear sensible closed toe shoes with your laces done up!
- Build your stove in a safe space ensuring its stable and level.
- Make sure the control valve is turned off (all the way clockwise) before attaching a gas cartridge
- Prepare your meal, do you have everything and is your pan full and ready to put on the stove? (Never put an empty pan on the stove)
- Once ready..... Light the stove by turning the valve anti clockwise and light immediately.
- Never leave the stove unattended
- Never pick up a lid or pan without a pan handle
- Once finished allow everything to cool before cleaning and packing away